

Resources For Pet Loss

Losing a pet is never easy. Experiencing the loss of a loved one can cause you to feel a mix of emotions and you may be unsure how to cope with these feelings. This is completely normal. Here is a list of resources that might be helpful throughout the grieving process. Remember, you are not alone during this difficult time.

Angel Paws

Angel Paws strives to be a provider to those in need of resources to offer who are struggling with the loss of a pet. These resources include pet loss support groups, pet hospice care, home euthanasia, private cremation, funerals and memorial services, and grief counselors.

For more information visit angelpaws.com.

Lap of Love

Lap of Love is a network of veterinarians around the country whose goal is to empower every owner to care for their geriatric pets. They offer veterinary hospice, in-home euthanasia services, and quality-of-life education resources.

For more information visit lapoflove.com.

Rainbows Bridge

Many people who are struggling with pet loss find immense comfort in the Rainbow Bridge Support Group. This support group offers pet memorial services, candle lighting ceremonies, and a myriad of resources to help you cope with the loss of your loved one.

For more information visit rainbowsbridge.com.

Assoc. of Pet Loss & Bereavement

The Association for Pet Loss and Bereavement is a compassionate nonprofit organization of trained volunteers, dedicated to helping people during this very special kind of bereavement. They offer resources such as free online chats to help cope with your loss.

For more information visit aplb.org.

PetLoss.com

Petloss.com is a resourceful website for those who are grieving over the death of a pet or an ill pet. Here you will find personal support, thoughtful advice, tribute pages, healing poetry, and the Rainbow Bridge Poem.

"Goodbye Friend"

Goodbye Friend is a book written by Gary Kowaiski. This book offers sound, compassionate advice to get you through the loss of a pet. It includes advice on the importance of honesty when talking with children about the event.

"My Personal Remembrance Journal"

This is an interactive grief workbook created by Enid Samuel Traisman and Herbert Nieburg. It acts as a safe haven to share the feelings you may be experiencing after the loss of your beloved pet. It helps you to productively express emotions and thoughts which are an essential part of working through the grieving process. The format enables you to understand your grief with guided, leading sentences, invoking the healing power of writing, which allows you to take an active part in your own healing and recovery at your own pace.

"The Final Farewell"

The Final Farewell: Preparing for and Mourning the Loss of Your Pet by Marty Tousley is a book aimed at pet owners who may be anticipating or mourning the loss of a cherished pet. It is designed to be a sensitive yet informative manual for memorializing and laying your beloved pet to rest. It is also a guide for coping with the feelings of loss you may be encountering.